

## 2023 March

### OEC and OALC High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Chicken Tenders (Regular and Spicy)  Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular)  Hashbrown Patties <b>International Cuisine</b> <b>Brunch For Lunch</b> French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Cheeseburger  Chips <b>International Cuisine</b> Orange Chicken with White Rice Chicken Potsticker   Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Pizza (Buffalo Chicken or Cheese) Caesar Salad Parmesan Spinach Alfredo Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Beef Meatball Hoagie Sidewinder Fries  Oven Roasted Curry Cauliflower  Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Curly Fries <b>International Cuisine</b> Penne Grilled Chicken Alfredo Breadstick  Steamed Seasoned Broccoli  Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular)  Sidewinder Fries <b>International Cuisine</b> General Tso Chicken Lo Mein Noodles  Honey Roasted Carrots  Fresh Fruit Assorted Fresh Vegetables	<b>No School</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Thai Sweet Chili Chicken White Rice Chicken Pot Stickers  Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Italian Dunker with Marinara Sauce  Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Breaded Chicken Drumstick Mashed Potatoes and Chicken Gravy  Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular)  Sidewinder Fries <b>International Cuisine</b> Cheesy Mozzarella Sticks with Marinara Garlic Toast  Sidewinder Fries Fresh Fruit Assorted Fresh Vegetables	Cheeseburger  Sun Chips <b>International Cuisine</b> <b>Poppin' Flavored Popcorn Chicken Day</b> (Southern Style OR Nashville Hot) BBQ Baked Beans Sun Chips Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables Vanilla Cupcake Frozen Yogurt
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Pizza (Turkey Pepperoni or Cheese) Caesar Salad Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Beef Taco in a Bag  Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll BBQ Baked Beans Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular)  Sidewinder Fries <b>International Cuisine</b> <b>Chicken Wing Day</b> Pretzel and Cheese Sauce  Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Cheeseburger  Chips <b>International Cuisine</b> Spicy Szechuan Chicken Lo Mein Noodles  Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
<b>Offered Daily</b>				
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie

**IN SCHOOL OFFERED DAILY:**

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

**This institution is an equal opportunity provider.**